

### **The restaurants we had the pleasure to try out for you**

In some villages there is only one restaurant and it's therefore always best to call to ensure they are open or are booked out for a wedding or something.

**Ask us, we will be happy to discuss and it will be our pleasure to book for you (we will book under the name of LA PARARE).**

♥The restaurants marked with a hart are our favourite restaurants with which we have a personal contact.

We are always looking for new addresses. Do not hesitate to share your discoveries with us and if possible, give us a card for the restaurant. Likewise, if you have a bad experience please keep us informed, we try to keep our list up to date and dynamic.

### **The restaurants nearby :**

**L'Epicerie L'Escale**, tel : 0493539217 Chateauneuf Villevieille : Stephane et Caroline, 2 min by foot, Open all day from 9h à 14 et de 16 until 19h except of Tues and Wed, PM

Just at 100m from our place next to the church you will find this very small grocery shop with various things to eat and snack and for the items you may have forgotten. It's very small; please do not wait for closing time as all might be gone.

**Currently this shop is changing owner, so things may change.**

**Chez Rose**, Tel.:04 93 79 26 84 **Chateauneuf Villevieille**. 5 min foot

Closed on Sunday evening and Tuesday all day. The only restaurant in the village. Patrick , the owner is very nice, though interior decoration is not his main interest. Nice views and the ravioli is good.

**Dinner at home** : For all dinners at home and even more the ones you wish to take in your room you will find plates and cutlery in the « Honesty bar » in the garden. Please take care for stains as some furniture and fabrics in the rooms are fragile. Thanks for your kind cooperation and understanding.

**L'Ecailler des Vallées** : Fish store in Contes also serving lunch: 0493550738;0675300013 **open from 8H30 am - 19H PM except of Wed. 8H30 am -16HPM** (closed Sunday pm and Monday entire day). Everyday fresh fish and a nice platter of sushi, maki. If you like Wasabi, ask them for it. Nice seafood sallads, calamari and others. You can eat there on the spot or take it to La Parare.

**France Pizza (Pannini et salades)**: 0493885393 just down the hill in Contes, you can pick it up on the way home or ask for delivery. Open 7 days a week from 11H30am till 13H and starting 18 pm till 22pm Free delivery, the full list is in your room book..

**Le Select**: 1 Place Jean Allardi 06390 Contes 0493791865.Brasserie style Simple but good food open for lunch 7 days a week and closed for dinner Sunday and Monday.

**Le Grenadier** 11 Place Ollivier 06390 Contes Tel : 0621770519  
Pancakes, paninis, sandwiches. 7H30-18h30 Closed on Sundays.

**La Fleur de Thym, Contes** . : 7 min by car [www.lafleurdethym.fr](http://www.lafleurdethym.fr) Tel.:04 93 79 47 33  
Open Tuesday to Saturday lunch and dinner and Sunday evening between mid-July – end Aug.  
Go to Contes; The restaurant is just next to France Pizza as you arrive. Good menu and nice service. No outside dinner space but there is AC during the warmer days and an open fire during the winter.

**Chez Regine** : 12 min by car [www.restaurantchezregine.com/carte.html](http://www.restaurantchezregine.com/carte.html) Tel : 0493911618

Open all days. Last resort when all other restaurants near by are closed. Pizzeria, pasta, meats a bit of everything. Go to Contes- direction Nice – Pointe de Contes dir Blausasc,,: Direction L'Escarene and you will find it on your left hand side.

### Country side

♥**Parcours, Falicon** Chef: Frédéric Galland Tel: 04 93 84 94 57 [www.restaurant-parcours.com](http://www.restaurant-parcours.com)  
20 min by car closed on Sunday evening, Monday and Tuesday, depending on season.

Innovative cuisine, beautiful presentation in a nice ambiance with stunning views over Nice and the bay of Nice. Presentation is fantastic but the essential is the right balance and sometimes astonishing associations. Excellent!

♥**Auberge de la Madone, Peillon** Tel.: 04 93 79 91 17 [www.auberge-madone-peillon](http://www.auberge-madone-peillon)  
Chef: Christian et Thomas Millo  
20 min by car, closed on Wednesday.

Arriving at the village of Peillon is a happening in it self. This medieval village is clinging to the rock. Very nice terrace with beautiful views. French classic cuisine for a great dinner but you can also have just a short menu and there is always a vegetarian dish as well.

**Le Moulin de l'Oliveraie, Blausasc** : Tel.:04 93 79 59 16 <http://www.moulin-de-loliveraie.com>  
15 min by car, closed Sunday evening and Mondays.

This old former olive oil mill is a nice restaurant where you can still see the big mill stone. Small terrace with beautiful view over the valley. French cuisine with some interesting dishes, well presented. Ask for the small table under the olive tree.

Take the road to Contes direction Nice. Pointe de Contes take a left to Blausasc. The restaurant is indicated and there is a parking right in front.

♥**Le Café de la Fontaine, La Turbie**, 30 min by car Tel: 04 93 28 52 79  
4 avenue du Général de Gaulle La Turbie. Open 7 days a week. Low season closed on Mondays.

Very nice brasserie style restaurant where you eat very well thanks to the fact that it belongs to the same owner as Hostellerie chez Jerome which is a star restaurant, but the price is not the same. Very good value for money. Several services per evening and always full. Best to book in advance! Excellent address when coming from the coast.

**Sea side : Cap d'Ail- Monaco- St Jean Cap Ferrat et Villefranche:**

♥**La Pinède, Cap d'Ail**, 30 min by car [www.restaurantlapinede.com](http://www.restaurantlapinede.com) Tel : 0493783710  
Open from March till October everyday (lunch and dinner with exception of Wednesdays).

Idyllic place on the rocks. Warm welcome by Elliot and Michel who will present their beautiful fish which they will grill for you or present in a salt crust. An unforgettable moment !  
Take the road to Contes- Trinite,- Auchan- Laghet- La Turbie- Monaco-Cap d'Ail and the direction to Mala beach. Look out for the little sign of la Pinede. The road bring you some stunning seas view.  
It's a bit of an island feel, rocks are a bit uncomfortable so in general not a lot of people but very clear water. Sydney has had some of his best naps on those rocks.....

**La Différence** Roquebrune Monaco, 35 min by car. [www.ladifference.com](http://www.ladifference.com) Tel : 0492073551.  
« Sentier des douaniers » just below the Tennis country club of Monaco .  
Restaurerent just above the seas, stunning views. Locale nice cuisine.

**Le Cabanon** Pointe des Douaniers a Cap d'Ail: tel : 0493780194. When having a stroll going a long the shore on the rocks from Cap D'Ail ( La Pinede) to Monaco you can have a nice stop and a lunch.

**Le Mirazur**, Menton 45 by car Tel:0492418686, [www.maurocolagreco.com](http://www.maurocolagreco.com)  
30 avenue Aristide Briand. On the middle corniche right on the (former) Italian border.  
Mauro is a Argentin-Italien chef with 2 stars. With his own garden and grown veggies Mauro is an artist.  
The only topic during your meal will be the food you are enjoying. All is extraordinary. Not for free but a memorable moment. Fantastic view over the sea going from Menton to Italy. Please check his web site for the prices.

♥**Paloma Beach, St. Jean Cap-Ferrat.**: 35 by car: [www.paloma-beach.com](http://www.paloma-beach.com)  
Tel.:04 93 01 64 71 Open all days from Easter till September lunch and dinner.

For dinner or lunch in combination with a nice beach day or a stroll around the cape you can enjoy one of the best locations ever.  
Excellent fresh, salads, and pastas. For a very special occasion, and if booked far ahead you can book the one little table for two on the jetty. It's a challenge to get it more romantic.  
With a bit of luck, you may see a celebrety being picked up from his yacht by the staff of Paloma beach.

In the evening all matrasses are gone and you can sit on the sea shore, with candle light, feet on the pebbles, look at all lights along he shore and have one of your most romantic evenings.

**Villefranche-sur-Mer**, 35 by Car. Small medieval harbour village,former fishers village. No big yachts only small fishing boats (called pointus) .A very nice atmosphere even in the high season. You can have a swim before or after dinner as the beach is just next to all the restaurants. There are several to choose from and we have always eaten good in Villefranche - here after short list:

♥**L'Aperté a Villefranche** sur Mer, 30 min en voiture. Tel: 0493018488, 1 Rue Obscure (behind hotel Welcome) [www.restaurant-laparte.fr/](http://www.restaurant-laparte.fr/)  
Small, very nice restaurant with a menu based on local products and dishes with an interesting touch.  
Nice presentation. To finish, a flavoured Rhum – speciality of the house.

**La Fille du Pêcheur** Tel : 0493019009 [www.lafilledupecheur.com](http://www.lafilledupecheur.com) The restaurant is – as the name promise – run by a daughter of a fisherman.

**L'Oursin bleu**, Tel : 0493019012 <http://www.restaurant-oursin-bleu.com/> nice place with a more sophisticated menu.

**Le Maissa** : tel : 0493017508 [www.lemayssa.fr/](http://www.lemayssa.fr/) Upstairs just next to the harbour – magic views. Same owner as Paloma Beach.

At restaurant Beluga, a bit further in the bay, they have a nice launch bar were we can recommend to start the evening with a drink

#### Brasseries – open all day in Villefranche

**Le Cosmos** 04 93 01 84 05. 11 Place Amélie Polonais

**Les Palmiers** Tel : 0493017163 No fuss, but you eat well and have a nice view.

#### Restaurants à Nice Vieille Ville:

♥**Bistrot d'Antoine** : 27 rue de la Prefecture Vieux Nice Tel : 0493852957 Closed Monday and Tuesday.  
**Please note : this is a very good and very popular restaurant, best to book some days ahead but sometimes it's possible to get a table at the second seating at 9pm.**

**Carre Lorca** : 3 Rue de la Prefecture 06300 Nice; 0493929586 [www.carrellorca.co](http://www.carrellorca.co)  
Refined dishes with flavours of the Mediterranean kitchen – Alan Lorca has several restaurants also with Michelin star. Bright and nice restaurant very well situated in the old city

**Bar des Oiseaux** : 5, rue St Vincent 0493802733.  
Same owner as Bistrot Antoine – here all dishes are served with fresh pasta made next doors. Can be difficult to get a table but worth trying.

**Hangout** : Tel : 0422169926 [www.hangout@sfr.fr](http://www.hangout@sfr.fr) 5 rue du Moulin 06300 Nice. French kitchen with a Japanese touch added by the chef. A bit tricky to find – around the corner from Bar des Oiseaux. We found the food much more interesting than the menu let us think.

**Le Safari** Tel:0493801844 Cours Saleya (on the market). Most restaurants here are a bit touristy – this one has a good reputation, nice out-door seating and local specialities.

**Indien - Delhibelhi** Tel :0493925187, 22 Rue Barillerie (vieux Nice). [www.delhibelhi.com](http://www.delhibelhi.com)  
We are very fond of Indian food, and this is where we go when we have a craving. Good services and reasonable prices.

### Nice coté port et Rue Bonaparte:

♥ **Bistrot Du Port** : 28 Quai de Lunel 06300 Nice Tel : 0493552170 [www.lebistroduportdenice.fr](http://www.lebistroduportdenice.fr) Closed Tuesday and Wednesday.

Very good Bistro on the east side of the harbour. Nice ambiance.

**Le Locale** Tel: 0493140829, Rue Rusca (port) ; 12 a 14H30 et 18H30 a 23H

Closed : Sunday and Monday evening.

Deli and restaurant in one with real Italian products. Nice out-door seating area, relaxed and casual.

**L'Atelier du Port** : Tel : 0983038844 48 Rue Bonaparte 06300 Nice

Lots of young people, both staff and around the tables. Nice dishes with locally sourced products.

♥ **Vinivore** Tel :0493146809 [www.vinivore.fr](http://www.vinivore.fr) 10 Rue Lascaris Nice. Very good food, service and nice ambiance. For dessert go for the cheese – they have an excellent selection. Next door they also have a bar.

**Restaurant Jan** : Tel : 0497193223 [www.restaurantjan.com](http://www.restaurantjan.com) 12 Rue Lascaris, Nice 06300

The restaurant has an elegant decoration and excellent food at a high level. International staff working with the chef from South Africa.

**Bon Œil** : Tel : +33 9 80 33 08 38 12, rue Emmanuel Philibert Nice 06300. Short but innovative menu at good prices and also some lighter dishes like quiches, sallads and soups.

**Pipo : no reservations** Tel: 0493558882 13 Rue Bavastro Serving the local speciality socca – a pancake made out of chick-pea flower. Very nice and very popular with the students as it's not expensive.

**La réserve de Nice** Tel: 0497081480 (l'autre cote du port sur le Cap de Nice)

60 boulevard Franck Pilate [www.lareservedenice.fr](http://www.lareservedenice.fr)

Exceptional location with a view over the harbour of Nice. Fine dining.

### Parking Marechal Nice Est:

♥ **Flaveurs** Tel :0493625395 , 25 rue Gubernatis 06000 Nice [www.flaveur.net](http://www.flaveur.net)

The two brothers in charge of the kitchen quickly got their well deserved Michelin star. Very fine and delicate, beautiful presentations.

**Bar à Vin Nice Saveurs & Anthocyanes:** 10 Rue Gioffredo 06000 Nice. Tel : 0483503324

Antoine will receive you with a big smile and lots of charm happy to share his wide knowledge of wine.

You can buy a bottle to bring or to drink with your meal – same price. Nice and simple bistro food.

**Bar a Vin Cave Wilson,** Tel : 0493853310, 16 Rue Gubernatis 06000 Nice

[www.cavewilson.com](http://www.cavewilson.com)

A good address for a nice glass of wine, eventually with something to eat with it. Certain evenings there will be live music.

**Japonais - Amada,** Tel :0493620081, 17 Rue Tonduiti de l'Escarene 06000 Nice (east center)

Very small Japanese restuarant with a nice variety of dishes – authentic Japanese.

**Chez Simon** Tel: 0493865162 , Route st Antoine Ginestiere (above Nice) [www.chez-simon.com](http://www.chez-simon.com)

Specialities from Nice – very good reputation.

### Place Garibaldi

**Au Petit Gari** :Tel : 0493268909 [www.restaurant-aupetitgari.com](http://www.restaurant-aupetitgari.com) classic brasserie with a variety of classic dishes. Nice food, location and service.

**Cafe de Turin** Tel : 0493622952 [www.cafedeturin.fr](http://www.cafedeturin.fr) : THE address for oysters and seafood. Products are fresh but the service can be a bit arrogant at times. We prefer the part wich is closest to the Harbour.

### Nice Centre Jean Médecin- Promenade des Anglais

**La Rotonde / Negresco:** [www.hotel-negresco-nice.com](http://www.hotel-negresco-nice.com) 33 (0)4 93 16 64 00 Promenade des Anglais. The Negresco is a landmark in Nice and a luxury hotel since always – still owned and run by Mme Auger. Very special decoration. Good food and service to match – a lunch on the terrace is a real pleasure.

**Franchin** 0493871574 10 Rue Massenet 06000 Nice : Typical French Brasseri with a nice selection of dishes and good service.

**Le Canon** Tel: 0493790924 [www.lecanon.fr](http://www.lecanon.fr) 23 Rue Meyerbeer 06000 Nice. Open for lunch and dinner Monday to Friday. Young and a bit trendy, original decor and nice food.

### Les restaurants de la région :

**Carros** : when you come from the inland via Vence

Restaurant La Forge : 0493293150 [www.restolaforge.com](http://www.restolaforge.com) Nice restaurant both summer as well as winter. Good place to stop coming from Vence towards La Parare.

**St Paul de Vence :**

**La Colombe d'Or, St Paul de Vence** 40 min en voiture Tel :04.93.32.80.02

<http://www.la-colombe-dor.com/infoFR.html>

An institution. Classic kitchen, very nice terrace and an art collection to die for. Has to be booked well in advance.

**Le Tilleul** : **0493328036** [www.restaurant-letilleul.com](http://www.restaurant-letilleul.com) Place du Tilleul St Paul de Vence. Nice and pleasant with good out-door seating.

**Antibes**

**Le Vauban** : 7 Rue Thuret, 06600 Antibes 04 93 34 33 05 : Very good table in the old town of Antibes.

**Chez Joseph:** 0493613652 Plage de la Garoupe 06160 Le Cap d'Antibes. Classic beach restaurant, elegant and chic. Not for free, but a beautiful vies to compensate.